



Breaking the Cycle: Trauma, ACEs, and Intergenerational Healing in Families

OCT 29TH | 11:30 AM

1 General
Social Work
CEU



Laura Alderman Baxter

Laura Alderman Baxter serves as the Director of the Institute for Childhood Resilience for the LSU Health Department of Psychiatry and Behavioral Medicine. Her responsibilities include implementation of the ICR mission to foster a safe and nurturing community for families in NW Louisiana by bringing research to practice. The ICR has served as a convener of the local Crisis Response Coalition and has contributed to policy reforms in local law enforcement, healthcare, non-profit, and education systems.

ABOUT THIS SESSION

Many parents involved with child welfare have experienced adverse childhood experiences, grief, violence, poverty, discrimination, or other forms of trauma themselves. This session focuses on how trauma can shape stress responses, emotional regulation, relationships, discipline, and trust in helping systems. Participants will explore trauma-informed approaches that promote healing, reduce shame, strengthen parent-child relationships, and interrupt intergenerational cycles of abuse and neglect.

LEARNING OBJECTIVES

- Describe long-term effects of ACEs and trauma.
- Explain how trauma histories affect parenting.
- Recognize ways to interrupt cycles of maltreatment.
- Apply trauma-informed principles that support healing.

This course has been approved for 1 General Social Work CEUs by Louisiana Child Welfare Training Academy as authorized by the Louisiana Board of Social Work Examiners.

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