

Parenting Under Pressure: How Adult Mental Health Shapes Child Safety and Family Stability

NOV 19TH | 11:30 AM

1 General Social Work CEU

Ellis Marie Rich Mace MSN CRNP PMHNP-BC

Ellis Marie Rich Mace is a board-certified Psychiatric Mental-Health Nurse Practitioner (PMHNP-BC). She is the owner and CEO of Mace Behavioral Health PLLC, an integrative outpatient psychiatric clinic in Alabama, and Mace Consulting LLC, a healthcare consulting and education company. At her psychiatric clinic, Ellis specializes in the psychopharmacology and psychotherapy treatment of mental health conditions with particular expertise in bipolar spectrum disorders, trauma-based disorders, and LGBTQIA+ affirming care.

ABOUT THIS SESSION

Parents living with depression, anxiety, bipolar disorder, post-traumatic stress, substance use concerns, or other mental health diagnoses may experience symptoms that affect emotional availability, decision-making, supervision, consistency, and family functioning. This session focuses specifically on supporting caregivers without equating a diagnosis with unsafe parenting. Participants will examine how strengths-based assessment, treatment access, safety planning, practical supports, and culturally responsive engagement can help parents meet children's needs and reduce maltreatment risk.

LEARNING OBJECTIVES

- Identify mental health conditions that may affect parenting.
- Explain how symptoms can affect caregiving.
- Distinguish diagnosis from parenting capacity.
- Identify supports that strengthen family stability.

REGISTER NOW

CASA Court Appointed Special Advocates FOR CHILDREN LOUISIANA

For additional information, full speaker bio, and webinar registration, visit our website at www.louisianacasa.org.